



# **RAPID**

Reporting Assistance and Process Improvement Discussion

Session 4

Vision: Healthy Communities, Healthy People



## Agenda

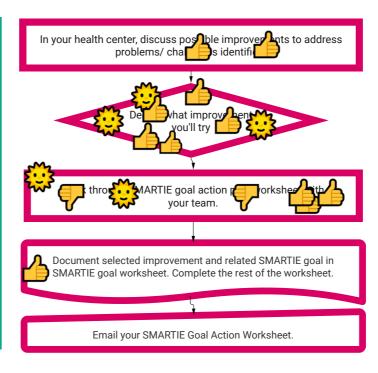
- 1. Takeaways from SME Session 2 on Aug. 28th.
- 2. Review action work
  - a. Selected interventions
  - b. SMARTIE goals
  - c. Consider how these will evolve
- 3. Takeaways from across the sessions and across the cohorts
  - a. Validation
  - b. Piloting
- 4. Action work following the series
  - a. Go forth with your intervention
  - b. Monitor progress on your SMARTIE goal
- 5. Preparing for success session in 3 months!



## Recap of Action Work from Prior Session



- Select an improvement that you will try out to improve your performance on this measure
  - Clearly define the improvement you'll try
  - Explain how this improvement addresses the problems laid out in your problem statement and process review
  - Explain how the improvement takes into account the external environment
- Draft Your SMARTIE Goal
  - Your SMARTIE goal will spell out the goal of the improvement outlined.
  - It should tie directly to the other work you have done so far.
    - Meaning, you want to set a goal related to the problem statement you wrote, areas where patients are not meeting the measure, and improvement selected.



#### How did it go?

Drop an emoji on the diamond to the left, indicating how you did deciding on an improvement to address problems identified.





Then, drop an emoji on the shape to the left, indicating how creating your SMARTIE goal for your improvement went.





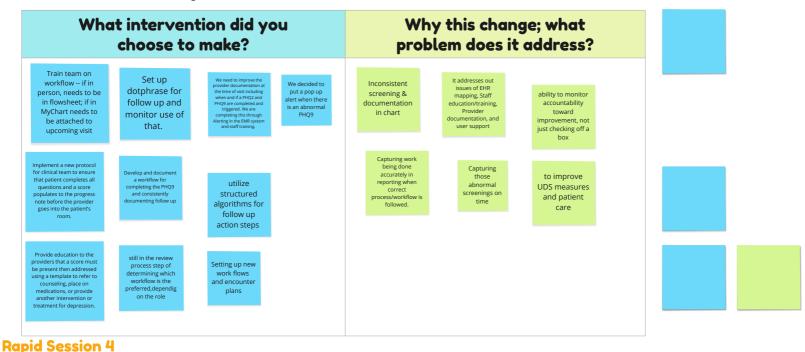




what you did- share the details of what went well, what didn't, and what was stormy!

## What did you select for an intervention?

What change did you decide to test? Why did you choose that; what part of the problems you have identified does that change address?



## **Forces for Change**



## **Driving Forces**

What forces support or encourage this particular change?

providers and staff

understanding their

roles in screening

and documentation

& leadership

support



Providers & Staff

understanding the

importance of this

documentation by

Knowing we ARE doing the work **Enthusiasm** but workflows to improve arent being performance followed, affecting our performance

a precursor to depression remission by identifying structured action

steps.

a champion in the practice

proper

documentaion

from provider and

staff to receiving

the work that is

provided



What are the headwinds or challenges that you will face?

restraining force-

constraints of

depression

remission critreria

Communications between different staff members and keeping the momentum

Staffing and project turnover. Some implementations can be lost in the weeds

Staff turnover,

workflow drift

impacts

training and

adherence

Preventing Stigma towards Behavioral Health

so many competing priorities

Change fatgiue

Change is always difficult for seasoned providers

competing priorities, staffing challenges/turnov

too many

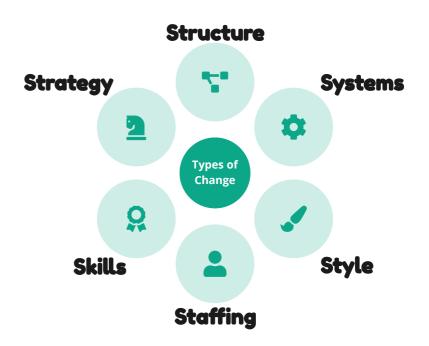
not completing the work that as they were trained and staff consistency.





## What trends do you see in the changes shared?

From what your colleagues shared on the last slide, and what you considered in your own organization—what trends or commonalities do you see?



## Key Takeaways & Risk Mitigation Strategies

#### Communication



It is important to communicate about the change that you are testing and why, including how broad the test will be and how it will be determined if the test works.

#### **Validation**



All data and information used to determine change to be made or to monitor on an ongoing basis must be validated-- simply trusting that data reflects the work being done is not enough!

### **Piloting**



If you are familiar with PDSA cycles, you know that the focus is small tests of change. This ensures that you don't retrain or make other big investments before ensuring the change works as expected.

### **Storytelling**



Many people don't love data, and especially don't love when data is used to tell them how well or not well they are doing. Using patient and staff stories to reflect the importance of this work is much more meaningful!

## **Reminder of SMARTIE Goal**

Strategic	Reflects an important dimension of what your organization seeks to accomplish.
Measurable	Includes standards by which reasonable people can agree on whether the goal has been met (by numbers or defined qualities).
Ambitious	Challenging enough that achievement would mean significant progress; a "stretch" for the organization.
Realistic	Not so challenging as to indicate lack of thought about resources or execution; possible to track and worth the time and energy to do so.
Time-Bound	Includes a clear deadline.
Inclusive	Brings traditionally excluded individuals and/or groups into processes, activities, and decision/policy making in a way that shares power.
Equitable	Includes an element of fairness or justice that seeks to address systemic injustice, inequity, or oppression.

How will your measure change against your SMARTIE goal?



What will you measure?

How will you measure it?

When will you measure it?

Who will be responsible for that?

## How do you see successful change impacting your work?

Complete the ion! https://surv

evaluation! https://survey.alche mer.com/s3/7893865/2024 Depression-Screening-RAPID-Series-Feedback-Form-S4

#### **Duties**

data accuracy

better coordination between BH and PC

positive outcomes for the patients

Enthusiasm to continue and/or improve other measures

Improved support for patients with + screenings=satisfi er for care teams









## What comes next?



#### Step 1

Implement your change!
Be sure to include communication, validation, piloting, and storytelling!



#### Step 2

Monitor and measure, particularly against your SMARTIE goal.



#### Step 3

Review progress with your team regularly.



#### Step 4

Iterate as needed based on team response and monitoring results



#### Step 5

Join the Success Session, three months from now to share how it is going!

## Final Session: December 5th 2-3pm ET



- Action work between now and then is to go forth with your change!
- At our success session:
  - Share how your change and progress on your SMARTIE goal is going.
  - Strategize on how to sustain change.





# Thank you!

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Talk to you in 3 months!

